

SEWARD COUNTY COMMUNITY COLLEGE COURSE SYLLABUS

I. TITLE OF COURSE: PE2722- Water Safety Instructor

II. COURSE DESCRIPTION: 2 credit hours 0 credit hours of lecture and 2 credit hours of lab per week.

This course is designed to prepare participants to teach basic swimming courses and to promote swimming safety throughout their certification. For each unit of credit, a minimum of three hours per week with one of the hours for class and two hours for studying/preparation outside of class is expected.

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Pre-requisite: None

III. PROGRAM AND/OR DEPARTMENT MISSION STATEMENT:

The Seward County Community College physical education program will broaden the understanding of fitness for life by providing general education, appropriate technology, and professional development opportunities that promote a healthy lifestyle.

IV. TEXTBOOK AND MATERIALS:

1. American Red Cross: Swimming and Aquatic Safety
2. American Red Cross: Basic Water Safety Textbook
3. American Red Cross: Emergent Water Safety Textbook
4. American Red Cross: Basic and Emergency Water Safety Instructor's Manual
5. American Red Cross: Infant & Preschool Aquatic Program Parent's Guide
6. American Red Cross: Infant & Preschool Aquatic Program Instructor's Guide
7. American Red Cross: Instructor's Manual for the Introduction to Health Services Education.
8. Longfellow's Whale Tales: Education Packet

V. SCCC OUTCOMES

Students who successfully complete this course will demonstrate the ability to do the following SCCC Outcomes.

- 1: Read with comprehension, be critical of what they read, and apply knowledge gained to real life
- 2: Communicate ideas clearly and proficiently in writing, appropriately adjusting content and arrangement for varying audiences, purposes, and situations.
- 4: Demonstrate mathematical skills using a variety of techniques and technologies.
- 7: Understand each other, moving beyond simple acceptance to embracing and celebrating the rich dimensions of diversity by working as a team to learn, engaging with community, exhibiting cultural awareness, and creating equity.

VI. COURSE OUTCOMES:

1. Demonstrate the qualities required of a Red Cross representative and role model.
2. Plan, conduct, and evaluate the swimming and water safety courses.

3. Maintain complete and accurate record and reports.
4. Develop a plan to keep knowledge and skills current.
5. Candidates will be competent in: Use of audio visual equipment, delivering a classroom presentation, conducting practice teaching, knowing the content of the WSI course.

VII. COURSE OUTLINE:

VIII. INSTRUCTIONAL METHODS:

1. Lecture
2. Discussion
3. Demonstration
4. Participation

IX. INSTRUCTIONAL AND RESOURCE MATERIALS:

1. Textbook
2. Videos
3. Handouts
4. Safety Equipment

X. METHODS OF ASSESSMENT:

SCCC Outcome #1 will be assessed and measured by written examinations indicating comprehension of material read.

SCCC Outcome #2 will be assessed and measured by small group presentations and short term projects/presentations.

SCCC Outcome #5 will be assessed and measured by swimming skills tests.

SCCC Outcome #7 will be assessed and measured by development of emergency action plans.

XI. ADA STATEMENT:

Under the Americans with Disabilities Act, Seward County Community College will make reasonable accommodations for students with documented disabilities. If you need support or assistance because of a disability, you may be eligible for academic accommodations. Students should identify themselves to the Dean of Students at 620-417-1106 or going to the Student Success Center in the Hobbie Academic building, room 149 A.